

主要項目の結果(全年代)【男性】

令和3年度

項目	国・都	区全体	大森					調布							蒲田				靴谷・羽田		
			大森西	入新井	馬込	池上	新井宿	嶺町	田圃調布	鶯の木	久が原	雪谷	千束	六郷	矢口	蒲田西	蒲田東	大森東	靴谷	羽田	
有効回答者数(母数)	-	5199	273	303	286	293	282	325	299	301	329	272	303	296	308	280	271	246	285	247	
5 心がけていること	1. 普段から歩く	49.5%	63.3%	64.5%	63.0%	67.1%	58.7%	61.3%	68.9%	68.6%	65.8%	68.1%	67.3%	64.0%	64.5%	64.6%	59.3%	63.5%	51.6%	56.8%	57.5%
	2. 日常的に運動	-	31.9%	26.7%	34.0%	33.2%	30.7%	29.4%	36.9%	40.5%	30.9%	37.7%	29.4%	37.3%	28.7%	36.4%	28.6%	32.5%	25.2%	25.6%	26.7%
	3. イベントに参加	-	2.8%	0.7%	2.6%	1.4%	4.4%	2.8%	4.6%	6.4%	2.3%	2.1%	2.9%	3.6%	2.0%	1.6%	1.8%	2.6%	1.2%	2.5%	4.0%
	4. 自転車に乗る	-	27.9%	34.8%	20.5%	21.7%	31.1%	25.2%	23.7%	22.4%	25.6%	26.4%	2.5%	20.8%	37.8%	24.0%	28.2%	28.0%	43.1%	36.5%	31.6%
	5. 食品選択に留意	46.0%	52.8%	49.8%	54.5%	55.9%	52.9%	52.1%	56.6%	61.9%	54.2%	57.8%	60.3%	57.1%	48.3%	52.3%	46.8%	47.2%	41.1%	45.6%	51.8%
	6. 塩分、油分を控える	-	33.8%	28.9%	36.0%	32.2%	36.9%	35.8%	37.2%	37.1%	34.9%	36.5%	32.4%	38.9%	34.1%	32.5%	31.1%	25.8%	28.9%	30.9%	35.2%
	7. 規則正しく3食	-	45.6%	43.6%	42.6%	45.8%	49.1%	40.4%	50.5%	52.5%	48.8%	50.2%	45.2%	55.1%	40.9%	50.6%	38.6%	40.2%	34.6%	44.9%	42.1%
	8. よく噛んで食べる	-	23.9%	20.9%	20.1%	25.5%	26.6%	22.3%	31.1%	26.4%	20.3%	26.4%	20.6%	28.7%	26.0%	25.6%	19.6%	19.6%	20.3%	24.2%	23.1%
	9. 腹八分目で食べる	-	27.4%	24.5%	27.4%	27.3%	28.0%	26.6%	29.5%	31.1%	28.2%	29.2%	27.2%	29.7%	28.7%	29.9%	23.2%	23.6%	26.8%	23.5%	27.9%
	10. 自宅で食事	-	55.8%	53.1%	53.1%	54.2%	57.3%	56.7%	54.8%	55.2%	54.8%	55.6%	54.4%	62.4%	62.5%	52.3%	52.9%	54.6%	54.1%	56.5%	59.1%
	11. 十分な睡眠	42.3%	58.5%	55.7%	56.8%	64.7%	52.6%	56.7%	63.7%	63.2%	57.8%	59.0%	60.7%	65.0%	60.5%	58.4%	50.4%	55.4%	54.5%	55.4%	60.3%
	12. 一定時間に寝起き	-	53.9%	48.4%	50.5%	51.0%	52.6%	57.4%	60.0%	60.5%	57.5%	51.7%	53.7%	60.1%	56.1%	57.1%	53.9%	46.9%	48.8%	49.8%	51.4%
	13. 勤務中に休息	-	15.4%	16.5%	15.2%	15.7%	16.4%	13.1%	14.8%	15.1%	15.0%	16.1%	15.1%	14.5%	17.2%	15.3%	17.1%	13.7%	17.1%	17.9%	11.3%
	14. ストレス解消	45.9%	39.8%	34.1%	38.3%	37.8%	46.8%	35.1%	42.8%	46.8%	38.2%	41.6%	38.2%	47.9%	42.9%	37.7%	40.4%	35.4%	36.6%	39.3%	34.0%
	15. 就寝前にスマホしない	-	8.5%	4.0%	10.6%	8.7%	9.9%	5.7%	13.2%	8.4%	9.6%	9.4%	7.0%	10.9%	7.8%	8.8%	7.5%	7.0%	6.1%	9.5%	7.7%
	16. 友人等と交流	-	17.8%	17.6%	17.5%	16.4%	20.8%	18.1%	18.2%	20.7%	15.3%	19.5%	19.5%	20.8%	15.5%	15.3%	14.3%	18.8%	13.4%	19.6%	17.4%
	17. 地域の行事に参加	-	3.9%	4.4%	3.3%	2.8%	4.8%	3.2%	3.7%	3.7%	2.0%	3.0%	3.3%	3.3%	5.4%	2.9%	4.6%	5.2%	2.0%	5.6%	7.3%
	18. たばこの煙を避ける	-	57.3%	54.2%	55.4%	60.1%	58.4%	54.6%	58.8%	64.2%	62.5%	58.1%	57.4%	61.4%	51.4%	57.8%	57.1%	59.8%	48.4%	52.6%	57.5%
	19. 喫煙習慣に配慮(喫煙者)	-	15.1%	16.8%	12.5%	13.3%	15.4%	16.7%	13.2%	9.0%	11.3%	14.3%	11.8%	15.2%	18.6%	14.0%	20.4%	14.8%	21.5%	20.0%	15.4%
	20. 丁寧に歯みがき	-	72.0%	67.0%	71.6%	72.7%	68.3%	73.0%	73.2%	79.6%	71.4%	75.4%	75.4%	78.2%	69.6%	74.4%	70.7%	69.4%	66.7%	67.4%	68.8%
	21. デンタルフロス等を使う	34.2%	36.5%	34.4%	33.3%	35.7%	37.5%	44.3%	38.2%	45.8%	35.5%	44.1%	39.3%	38.3%	32.8%	34.4%	32.1%	34.7%	31.3%	32.6%	29.1%
	22. 甘いものに留意	-	12.5%	10.6%	11.2%	10.8%	13.0%	11.7%	12.3%	14.4%	10.3%	14.9%	16.5%	12.9%	14.5%	15.6%	8.9%	11.1%	11.0%	11.6%	12.6%
	23. フッ化物配合歯磨き剤使用	-	25.9%	22.7%	24.8%	28.0%	25.3%	28.0%	22.8%	26.4%	27.6%	27.7%	26.1%	28.7%	25.0%	29.5%	23.6%	26.2%	24.0%	24.6%	25.1%
	24. 健診を受診	-	67.7%	65.6%	62.0%	68.9%	68.9%	65.2%	74.5%	72.2%	69.1%	70.8%	77.6%	73.9%	66.6%	69.2%	63.6%	64.9%	60.2%	59.6%	61.5%
	25. がん検診を受診	-	24.7%	19.4%	25.1%	29.7%	22.5%	22.7%	31.7%	32.1%	27.9%	28.3%	27.2%	23.4%	22.0%	28.2%	18.9%	21.8%	17.5%	20.4%	22.7%
	26. 歯科健診を受診	-	32.2%	25.6%	31.4%	33.6%	30.4%	31.6%	37.2%	40.1%	33.9%	37.4%	37.9%	36.3%	27.7%	31.5%	27.9%	33.6%	24.8%	29.1%	25.5%
	27. 適正体重維持	-	44.4%	40.7%	46.5%	46.2%	42.0%	41.8%	50.5%	57.2%	46.5%	46.2%	43.4%	54.5%	44.3%	39.6%	40.4%	35.4%	42.3%	40.4%	36.8%
6 主観的健康感	とてもよい/よい	-	59.8%	55.7%	60.1%	60.8%	54.9%	56.7%	64.3%	71.6%	60.1%	61.7%	64.7%	65.7%	62.8%	61.7%	58.2%	58.7%	49.6%	50.9%	53.8%
7 主観的幸福感	とても幸せ/幸せ	-	69.7%	64.5%	69.0%	66.8%	72.4%	69.5%	70.5%	79.3%	73.8%	72.0%	73.9%	76.9%	70.3%	73.1%	65.7%	63.5%	60.2%	63.5%	65.2%
8 BMI	基準値内(18.5-25)	63.1%	66.4%	63.4%	65.7%	67.1%	67.9%	64.5%	68.3%	69.6%	69.1%	71.7%	65.1%	72.3%	64.5%	66.2%	65.0%	63.5%	61.0%	64.2%	63.2%
9 病気・障害	特になし	-	45.2%	48.0%	46.9%	46.9%	41.3%	54.6%	44.9%	45.5%	45.5%	43.8%	40.8%	46.5%	42.2%	48.7%	45.4%	46.1%	43.5%	42.1%	40.9%
10 服薬	特になし	-	51.6%	53.1%	55.8%	56.6%	50.2%	56.7%	49.8%	47.5%	52.5%	51.1%	46.7%	50.2%	52.7%	56.8%	51.1%	48.3%	50.4%	54.0%	44.1%
12 飲酒習慣	毎日飲まない/飲まない	76.9%	64.4%	64.8%	62.7%	63.3%	64.8%	64.2%	67.1%	63.5%	68.4%	66.3%	59.6%	61.7%	65.5%	64.6%	67.5%	67.2%	61.4%	65.3%	59.1%
13 喫煙習慣	しない/過去喫煙	73.1%	80.6%	79.9%	81.8%	82.9%	82.9%	79.1%	81.2%	89.6%	86.7%	83.9%	83.8%	84.2%	74.0%	81.5%	73.6%	78.2%	68.7%	73.3%	83.0%
14 運動習慣	週3時間以上	-	25.0%	23.8%	25.7%	23.1%	21.2%	24.1%	32.0%	32.1%	21.6%	28.9%	24.3%	28.7%	26.4%	25.6%	21.1%	23.6%	19.9%	20.4%	23.9%
15 歩行時間	1日60分以上	-	32.8%	32.2%	34.7%	36.7%	33.1%	31.6%	36.0%	30.4%	32.2%	30.7%	33.8%	24.4%	36.5%	32.1%	33.6%	32.8%	39.4%	32.6%	28.3%
17 家事	いつもしている	-	38.2%	41.0%	42.6%	41.6%	35.2%	37.9%	38.5%	34.4%	41.2%	33.4%	36.4%	35.3%	41.9%	37.7%	35.7%	44.3%	32.9%	36.5%	40.9%
18 健康の情報源 ※区全体で20%以上の 回答があった6項目に ついて表示	3. 新聞	23.3%	26.4%	25.3%	21.8%	26.6%	29.0%	25.5%	29.2%	34.4%	22.6%	30.4%	31.6%	30.4%	25.3%	30.5%	22.1%	19.6%	19.9%	23.9%	23.9%
	4. テレビ	68.4%	55.3%	56.0%	52.5%	54.9%	58.4%	50.4%	56.6%	53.5%	56.8%	52.0%	54.0%	54.1%	59.1%	55.2%	59.3%	54.2%	52.4%	57.9%	57.9%
	7. インターネット・スマホ	64.5%	57.7%	61.9%	60.7%	63.3%	57.3%	57.8%	59.7%	60.9%	60.8%	54.4%	61.8%	57.8%	54.4%	58.1%	56.8%	56.5%	49.2%	53.3%	51.8%
	8. 家族	31.3%	21.5%	18.7%	22.1%	22.0%	23.9%	18.1%	24.6%	29.8%	21.3%	20.1%	26.1%	25.7%	19.9%	22.1%	21.1%	14.8%	19.9%	19.3%	15.4%
	9. 友人/同僚	13.3%	12.1%	15.8%	15.4%	17.1%	14.5%	13.8%	17.4%	12.3%	13.7%	8.8%	14.2%	11.5%	11.0%	14.3%	10.0%	10.6%	15.1%	10.9%	
10. 病院の医師等	18.3%	23.2%	19.8%	20.1%	21.7%	20.8%	22.3%	28.0%	26.4%	21.6%	24.9%	30.5%	28.1%	21.6%	19.8%	21.8%	24.7%	21.5%	19.3%	23.1%	
21⑤ 睡眠の質	満足している	-	39.5%	39.9%	35.3%	36.4%	36.5%	42.9%	42.5%	42.1%	33.6%	43.5%	43.8%	43.6%	43.6%	38.0%	37.9%	42.8%	30.1%	38.2%	38.1%
22④ 朝食	食べる(欠食以外)	-	87.7%	87.5%	85.5%	85.3%	87.7%	87.9%	88.0%	88.6%	89.0%	90.9%	88.2%	91.7%	87.5%	89.0%	86.1%	84.9%	82.5%	87.0%	88.7%
22⑩ 食品購買環境	とても便利/便利	-	85.1%	89.4%	92.7%	77.6%	85.7%	86.5%	90.5%	75.6%	89.7%	84.8%	84.6%	83.2%	86.1%	89.9%	86.4%	85.2%	80.1%	82.5%	78.9%
22⑬ 値段で購買断念	あまりない/ほとんどない	-	37.4%	33.3%	41.9%	40.6%	33.1%	37.6%	42.5%	42.8%	35.5%	39.8%	40.1%	41.6%	33.8%	38.3%	37.9%	35.4%	32.5%	33.7%	28.3%
22⑰ 主食・主菜・副菜	2食以上揃えている	58.7%	65.5%	63.0%	63.0%	67.8%	62.1%	64.2%	66.2%	74.9%	61.8%	67.8%	65.1%	72.6%	66.6%	68.5%	63.9%	64.6%	60.6%	61.4%	61.9%
23① 地域が居心地よい	強く思う/そう思う	-	82.6%	80.2%	85.5%	83.2%	82.9%	86.2%	89.5%	91.0%	84.4%	87.2%	89.0%	89.8%	78.0%	81.8%	82.9%	76.4%	67.1%	73.7%	72.5%
23② 犯罪の不安を感じる	強く思う/そう思う	-	8.3%	9.9%	11.2%	4.9%	8.2%	9.6%	4.3%	5.7%	5.3%	6.7%	5.1%	3.3%	10.1%	7.8%	15.4%	17.0%	9.3%	7.4%	11.3%
23③ 公共交通が利用しやすい	強く思う/そう思う	-	75.4%	75.5%	85.8%	73.8%	71.0%	76.2%	87.4%	82.3%	87.4%	68.4%	71.3%	90.8%	68.9%	69.2%	79.3%	84.5%	36.2%	70.5%	71.3%
23④ 坂道が多く歩きづらい	強く思う/そう思う	-	15.3%	2.9%	11.2%	54.5%	10.9%	20.9%	12.3%	31.4%	15.0%	19.8%	48.2%	30.4%	2.4%	0.4%	1.1%	1.6%	2.8%	2.4%	
23⑤ 役所に行きやすい	強く思う/そう思う	-	58.5%	50.9%	61.4%	46.5%	58.7%	64.9%	64.6%	56.2%	56.8%	55.0%	46.3%	59.4%	66.9%	57.8%	68.2%	76.0%	53.3%	55.1%	52.2%
23⑥ 集会所施設に行きやすい	強く思う/そう思う	-	32.6%																		

主要項目の結果(全年代)【女性】

令和3年度

項目	国・都	区全体	大森					調布							蒲田				靴谷・羽田		
			大森西	入新井	馬込	池上	新井宿	嶺町	田園調布	鶉の木	久が原	雪谷	千束	六郷	矢口	蒲田西	蒲田東	大森東	靴谷	羽田	
有効回答者数(母数)	-	6920	394	430	376	400	373	413	362	396	433	418	388	373	392	382	365	320	351	354	
5 心がけていること	1. 普段から歩く	46.1%	62.0%	59.4%	61.2%	66.5%	60.8%	60.9%	62.2%	67.4%	64.6%	58.2%	64.1%	69.8%	59.2%	63.5%	64.1%	63.0%	56.6%	54.1%	59.9%
	2. 日常的に運動	-	28.9%	22.8%	29.3%	30.1%	31.8%	30.0%	31.5%	34.5%	32.1%	26.1%	33.5%	37.1%	24.7%	32.1%	27.5%	28.5%	21.3%	22.2%	22.3%
	3. イベントに参加	-	3.8%	4.6%	3.7%	4.3%	4.5%	3.2%	3.9%	5.5%	3.0%	3.2%	2.9%	2.1%	5.1%	4.3%	3.1%	4.7%	0.9%	3.4%	5.6%
	4. 自転車に乗る	-	31.2%	38.8%	23.5%	27.7%	35.0%	32.2%	21.8%	23.2%	26.0%	35.6%	25.4%	21.6%	37.5%	32.1%	32.7%	28.2%	47.2%	39.6%	38.4%
	5. 食品選択に留意	59.7%	68.3%	62.2%	67.0%	66.2%	62.8%	67.6%	72.9%	77.9%	70.7%	74.1%	70.8%	79.1%	65.7%	73.0%	64.7%	66.3%	59.1%	61.5%	63.8%
	6. 塩分、油分を控える	-	43.6%	41.1%	42.8%	42.8%	43.0%	41.6%	46.5%	44.5%	41.4%	44.1%	45.9%	47.9%	45.0%	44.9%	44.0%	43.8%	40.3%	39.3%	44.1%
	7. 規則正しく3食	-	50.5%	47.7%	47.4%	48.9%	55.8%	46.9%	52.5%	50.3%	52.3%	56.1%	51.2%	57.7%	51.5%	50.5%	48.4%	52.1%	43.4%	47.6%	45.5%
	8. よく噛んで食べる	-	29.5%	23.6%	29.5%	27.7%	28.3%	27.3%	31.5%	31.8%	33.6%	30.5%	31.6%	31.4%	28.7%	30.1%	25.9%	30.4%	31.9%	28.8%	27.4%
	9. 腹八分目で食べる	-	27.8%	23.4%	27.7%	28.5%	27.5%	27.3%	27.8%	31.5%	30.6%	28.4%	28.7%	28.1%	28.7%	28.8%	27.5%	29.0%	25.9%	26.5%	23.4%
	10. 自宅で食事	-	61.9%	56.9%	59.1%	61.7%	60.5%	62.2%	66.8%	65.7%	58.6%	67.9%	59.1%	61.1%	63.0%	62.5%	61.5%	62.2%	62.5%	63.8%	59.0%
	11. 十分な睡眠	49.4%	57.7%	53.8%	61.2%	59.3%	55.8%	52.8%	60.8%	64.1%	57.3%	58.7%	60.5%	62.6%	52.5%	59.7%	57.3%	58.1%	58.8%	50.1%	54.2%
	12. 一定時間に寝起き	-	55.4%	53.8%	52.8%	53.5%	57.0%	53.1%	54.5%	54.1%	57.3%	58.7%	58.9%	53.9%	57.9%	57.4%	56.5%	57.3%	53.4%	56.1%	49.2%
	13. 勤務中に休息	-	9.2%	6.3%	9.3%	10.6%	10.5%	8.6%	10.2%	9.4%	9.1%	8.3%	10.0%	10.3%	7.0%	9.7%	9.4%	10.4%	8.1%	10.3%	8.8%
	14. ストレス解消	49.2%	51.8%	50.0%	53.0%	52.1%	52.8%	52.8%	51.8%	53.6%	49.0%	55.4%	53.1%	57.0%	47.2%	54.3%	49.0%	54.0%	45.3%	51.0%	49.2%
	15. 就寝前にスマホしない	-	12.1%	10.2%	12.1%	11.2%	12.8%	12.9%	13.8%	13.5%	11.4%	12.9%	16.5%	13.9%	12.3%	11.2%	10.5%	9.6%	9.4%	11.4%	11.9%
	16. 友人等と交流	-	31.0%	31.5%	27.4%	28.7%	32.5%	32.4%	30.8%	33.7%	29.5%	30.3%	29.2%	34.5%	31.4%	31.4%	30.1%	33.4%	29.1%	32.5%	30.8%
	17. 地域の行事に参加	-	2.9%	4.1%	1.4%	1.6%	1.5%	3.8%	2.9%	0.6%	3.0%	1.8%	1.9%	4.6%	3.2%	3.3%	3.7%	5.5%	4.4%	2.6%	4.0%
	18. たばこの煙を避ける	-	68.5%	67.0%	68.8%	72.3%	70.5%	67.3%	72.4%	69.3%	73.5%	66.5%	69.1%	72.4%	67.6%	69.1%	65.4%	67.7%	60.3%	67.0%	65.3%
	19. 受動喫煙に配慮(喫煙者)	-	6.8%	4.6%	9.3%	5.9%	6.3%	7.8%	7.3%	5.2%	8.6%	5.3%	6.7%	5.9%	7.0%	5.4%	8.6%	6.0%	8.1%	7.1%	8.2%
	20. 丁寧に歯みがき	-	80.8%	75.9%	82.6%	80.3%	82.0%	79.6%	80.9%	81.5%	83.6%	87.8%	82.1%	84.3%	78.3%	78.1%	77.5%	79.2%	78.8%	82.1%	79.1%
	21. デンタルフロス等を使う	53.4%	55.8%	50.0%	58.6%	54.5%	53.0%	58.2%	59.8%	60.8%	55.3%	59.1%	61.7%	60.1%	48.3%	57.1%	53.4%	57.5%	50.0%	52.1%	52.0%
	22. 甘いものに留意	-	17.6%	16.0%	18.4%	19.1%	19.5%	14.7%	17.9%	18.8%	19.9%	19.6%	17.7%	18.6%	16.1%	18.1%	17.0%	17.0%	16.6%	15.1%	16.4%
	23. フッ化物配合歯磨き剤使用	-	34.9%	30.7%	40.2%	36.2%	36.5%	35.7%	36.6%	38.1%	33.3%	40.0%	34.9%	39.7%	29.2%	35.2%	29.8%	30.4%	32.2%	34.5%	32.5%
	24. 健診を受診	-	70.5%	65.7%	70.9%	69.4%	69.8%	67.8%	73.8%	74.0%	73.7%	70.4%	75.6%	73.5%	70.0%	71.4%	70.7%	69.9%	66.6%	66.7%	67.8%
	25. がん検診を受診	-	36.4%	33.5%	37.2%	35.9%	34.8%	35.1%	40.9%	39.5%	37.4%	39.5%	38.5%	34.8%	35.1%	40.6%	36.4%	36.2%	32.2%	34.2%	32.2%
	26. 歯科健診を受診	-	46.0%	43.7%	45.1%	46.5%	45.5%	46.1%	48.4%	49.7%	49.5%	51.7%	46.2%	48.5%	43.2%	53.1%	42.4%	44.7%	45.0%	43.6%	33.1%
	27. 適正体重維持	-	50.1%	47.2%	54.4%	53.7%	48.8%	49.6%	51.6%	51.7%	50.5%	51.5%	51.7%	54.4%	49.3%	48.7%	51.6%	48.5%	47.5%	45.3%	44.6%
6 主観的健康感	とてもよい/よい	-	61.1%	55.3%	62.3%	62.8%	62.8%	56.3%	61.0%	69.9%	62.6%	61.7%	64.6%	65.7%	55.8%	61.2%	63.4%	60.3%	56.3%	58.4%	58.5%
7 主観的幸福感	とても幸せ/幸せ	-	76.1%	70.8%	80.2%	79.0%	75.5%	72.1%	77.5%	80.1%	77.8%	78.1%	73.9%	78.4%	74.3%	76.5%	76.4%	76.4%	76.6%	71.5%	73.4%
8 BMI	基準値内(18.5-25)	66.2%	68.9%	69.0%	69.1%	67.8%	65.8%	68.4%	73.8%	74.0%	69.2%	65.6%	71.3%	68.8%	64.6%	69.6%	73.3%	67.7%	70.9%	62.4%	68.4%
9 病気・障害	特になし	-	54.1%	49.2%	55.8%	63.8%	54.5%	51.7%	52.3%	57.7%	52.5%	53.3%	58.9%	54.6%	50.7%	52.8%	55.8%	52.6%	48.4%	55.6%	53.1%
10 服薬	特になし	-	59.6%	54.8%	59.8%	66.8%	61.8%	62.7%	58.6%	61.0%	57.8%	58.2%	62.2%	60.1%	56.0%	60.5%	58.1%	55.9%	58.4%	59.8%	60.2%
12 飲酒習慣	毎日飲まない/飲まない	87.8%	83.5%	84.3%	80.7%	82.7%	82.3%	84.2%	83.8%	82.6%	85.1%	82.0%	79.4%	85.1%	85.3%	83.7%	83.0%	85.2%	84.4%	85.2%	85.6%
13 喫煙習慣	しない/過去喫煙	90.3%	92.7%	92.1%	91.4%	93.9%	93.5%	91.2%	95.9%	95.0%	93.4%	93.3%	93.5%	95.6%	92.8%	96.4%	89.0%	91.8%	87.5%	90.9%	90.1%
14 運動習慣	週3時間以上	-	17.2%	16.1%	17.0%	12.2%	18.5%	17.7%	19.9%	21.3%	16.7%	15.9%	17.9%	18.3%	18.8%	18.6%	16.5%	15.1%	12.8%	18.5%	17.2%
15 歩行時間	1日60分以上	-	41.6%	43.9%	38.4%	39.9%	41.0%	44.5%	37.8%	39.0%	40.7%	41.6%	41.4%	37.4%	46.4%	42.9%	45.5%	41.1%	41.9%	41.0%	46.3%
17 家事	いつもしている	-	81.6%	79.9%	84.4%	78.2%	83.0%	82.0%	80.9%	83.7%	82.8%	84.5%	81.1%	81.7%	79.9%	83.7%	84.8%	75.6%	81.6%	79.8%	80.8%
18 健康の情報源 ※区全体で20%以上の 回答があった6項目に ついて表示	3. 新聞	22.9%	26.2%	25.6%	27.7%	22.1%	28.5%	26.8%	26.4%	31.2%	27.3%	25.6%	27.5%	29.6%	29.5%	26.5%	28.8%	20.5%	22.5%	22.5%	21.5%
	4. テレビ	76.2%	67.3%	64.0%	64.0%	66.8%	70.0%	64.6%	65.9%	64.4%	68.4%	71.1%	64.1%	67.5%	73.2%	67.1%	69.6%	65.8%	70.6%	67.5%	66.9%
	7. インターネット・スマホ	62.7%	62.5%	59.4%	67.7%	67.6%	64.5%	63.5%	65.6%	65.5%	61.4%	63.0%	66.7%	64.7%	56.3%	64.8%	58.6%	60.3%	56.9%	58.4%	57.6%
	8. 家族	49.1%	23.2%	20.1%	21.2%	23.9%	23.3%	26.0%	20.6%	29.6%	26.5%	25.4%	26.8%	22.4%	21.4%	23.2%	19.1%	22.2%	22.8%	22.2%	20.1%
	9. 友人/同僚	26.7%	26.6%	27.7%	25.8%	25.3%	28.2%	26.2%	29.0%	27.5%	23.3%	28.7%	29.6%	25.5%	27.3%	20.9%	25.8%	27.5%	26.8%	29.7%	
10. 病院の医師等	18.6%	20.4%	20.3%	24.0%	20.7%	19.5%	20.9%	18.9%	27.6%	20.5%	20.8%	20.1%	25.8%	15.8%	21.9%	16.8%	19.7%	16.9%	17.1%	18.6%	
21⑤ 睡眠の質	満足している	-	36.4%	31.7%	36.5%	38.3%	32.5%	31.6%	34.4%	42.8%	33.6%	41.6%	37.6%	37.1%	35.9%	38.8%	37.7%	38.4%	38.4%	30.8%	37.3%
22④ 朝食	食べる(欠食以外)	-	91.9%	90.6%	89.3%	89.1%	93.5%	92.0%	94.7%	93.6%	90.7%	92.4%	93.5%	90.2%	93.6%	95.2%	91.9%	90.4%	90.9%	89.5%	92.7%
22⑩ 食品購買環境	とても便利/便利	-	86.7%	90.4%	93.3%	77.9%	87.5%	92.0%	87.4%	68.5%	88.9%	86.4%	87.6%	88.7%	91.2%	92.1%	88.0%	90.1%	80.3%	85.5%	81.4%
22⑬ 値段で購買断念	あまりない/ほとんどない	-	29.7%	26.1%	30.5%	31.6%	28.5%	31.4%	32.9%	32.9%	33.3%	29.1%	30.4%	36.3%	29.8%	29.1%	27.2%	27.4%	28.4%	22.2%	26.3%
22⑰ 主食・主菜・副菜	2食以上揃えている	64.0%	72.0%	68.0%	72.3%	72.1%	74.8%	73.2%	73.1%	76.8%	71.0%	73.7%	72.5%	74.0%	74.8%	72.7%	73.0%	69.0%	70.6%	67.8%	66.1%
23① 地域が居心地よい	強く思う/そう思う	-	82.1%	75.1%	83.5%	79.8%	85.5%	81.5%	88.4%	86.2%	88.9%	88.7%	86.1%	88.7%	76.7%	88.5%	79.6%	80.8%	68.1%	69.5%	75.7%
23② 犯罪の不安を感じる	強く思う/そう思う	-	12.3%	16.8%	10.5%	10.4%	10.8%	13.9%	8.5%	8.6%	12.1%	6.0%	7.4%	6.4%	15.8%	7.1%	19.1%	22.5%	16.3%	18.2%	14.4%
23③ 公共交通が利用しやすい	強く思う/そう思う	-	76.4%	73.6%	86.7%	76.1%	72.8%	75.3%	86.2%	82.0%	90.4%	70.4%	72.7%	89.7%	72.4%	72.7%	79.6%	88.5%	39.4%	63.0%	75.4%
23④ 坂道が多く歩きづらい	強く思う/そう思う	-	17.6%	3.3%	12.1%	62.2%	15.8%	21.7%	14.3%	39.8%	11.6%	26.1%	53.3%	31.2%	3.3%	2.9%	3.0%	2.5%	1.4%	2.5%	
23⑤ 役所に行きやすい	強く思う/そう思う	-	59.2%	53.6%	65.1%	46.0%	57.3%	71.8%	62.2%	52.2%	57.6%	62.4%	47.8%	52.3%	71.3%	58.7%	69.4%	80.3%	49.4%	54.1%	52.0%
23⑥ 集会所に行きやすい	強く思う/そう思う	-	33.1%	31.0%	27.4%	29.0%	34.3%	50.7%	39.0%	34.8%											

集計表の見方について

【例】

1. あなたは、大田区の健康づくりポイント事業「はねびよん健康ポイント」を知っていますか？

令和3年度

1. 知っている

	区全体	大森西	入新井	馬込	池上	新井宿	嶺町	田園調布	鶴の木	久が原	雪谷	千束	六郷	矢口	蒲田西	蒲田東	大森東	糞谷	羽田	
男性	20-29歳	5.9%	3.6%	4.2%	0.0%	9.5%	0.0%	15.0%	5.0%	3.8%	4.2%	4.3%	13.3%	4.8%	11.5%	12.0%	6.7%	6.5%	0.0%	
	30-39歳	9.3%	21.4%	9.7%	7.0%	17.6%	7.5%	12.9%	3.2%	7.7%	5.3%	2.8%	13.5%	3.0%	12.5%	6.1%	11.1%	8.6%	10.5%	
	40-49歳	14.6%	15.8%	14.3%	18.6%	10.9%	16.4%	16.1%	17.2%	15.4%	11.1%	11.2%	13.5%	13.5%	13.5%	13.5%	11.1%	16.2%	14.6%	
	50-59歳	11.7%	9.3%	16.7%	14.0%	8.3%	9.8%	11.1%	11.3%	11.3%	11.1%	11.1%	11.1%	11.1%	11.1%	11.1%	11.1%	11.1%	11.1%	11.1%
	60-69歳	9.0%	8.7%	15.4%	0.0%	4.0%	6.4%	9.3%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%	10.6%
	70-79歳	7.8%	6.7%	10.2%	3.7%	9.2%	7.5%	7.1%	10.2%	10.9%	10.9%	10.9%	10.9%	10.9%	10.9%	10.9%	10.9%	10.9%	10.9%	10.9%
	80歳-	6.5%	0.0%	3.8%	9.1%	3.4%	3.7%	7.1%	10.4%	10.3%	10.3%	10.3%	10.3%	10.3%	10.3%	10.3%	10.3%	10.3%	10.3%	10.3%
	小計	7.9%	4.7%	7.3%	10.9%	5.9%	12.1%	10.0%	10.0%	3.2%	10.0%	10.0%	10.0%	10.0%	10.0%	10.0%	10.0%	10.0%	10.0%	10.0%
女性	20-29歳	21.8%	20.0%	25.0%	20.9%	26.5%	23.0%	27.9%	11.5%	11.3%	11.3%	11.3%	11.3%	11.3%	11.3%	11.3%	11.3%	11.3%	11.3%	
	30-39歳	25.5%	23.1%	25.7%	19.2%	29.9%	31.3%	20.9%	11.0%	23.0%	23.0%	23.0%	23.0%	23.0%	23.0%	23.0%	23.0%	23.0%	23.0%	
	40-49歳	22.0%	20.0%	14.7%	17.5%	20.5%	23.8%	24.1%	11.3%	24.7%	24.7%	24.7%	24.7%	24.7%	24.7%	24.7%	24.7%	24.7%	24.7%	
	50-59歳	19.7%	20.2%	21.3%	20.5%	25.9%	14.8%	13.6%	13.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	
	60-69歳	13.9%	15.5%	11.5%	7.5%	10.0%	13.6%	16.4%	10.0%	5.3%	5.3%	5.3%	5.3%	5.3%	5.3%	5.3%	5.3%	5.3%	5.3%	
	70-79歳	10.5%	19.5%	11.4%	5.7%	5.3%	13.9%	18.2%	11.8%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	
	80歳-	10.5%	19.5%	11.4%	5.7%	5.3%	13.9%	18.2%	11.8%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	8.5%	
	小計	19.7%	20.2%	21.3%	20.5%	25.9%	14.8%	13.6%	13.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	15.8%	

有効回答者を母数とした、各選択肢の回答者の内訳です。
例えばこの「15.0%」は、田園調布地区の20-29歳の男性20人のうち、15% (3人) が「知っている」と回答したことを示しています。

2. 知らない

	区全体	大森西	入新井	馬込	池上	新井宿	嶺町	田園調布	鶴の木	久が原	雪谷	千束	六郷	矢口	蒲田西	蒲田東	大森東	糞谷	羽田
男性	20-29歳	94.1%	96.4%	95.8%	100.0%	90.5%	100.0%	81.0%	95.0%	96.2%	95.8%	95.7%	86.7%	95.2%	88.5%	88.0%	93.3%	93.5%	100.0%
	30-39歳	90.3%	78.6%	90.3%	93.0%	82.4%	92.5%	83.9%	91.0%	92.3%	94.7%	97.2%	86.5%	97.0%	87.5%	93.9%	88.9%	91.4%	84.2%
	40-49歳	85.2%	84.2%	85.7%	81.4%	89.1%	83.6%	83.9%	81.8%	84.6%	87.8%	87.8%	87.8%	87.8%	87.8%	87.8%	87.8%	87.8%	87.8%
	50-59歳	88.1%	90.7%	83.3%	86.0%	91.7%	90.2%	88.9%	91.8%	82.1%	82.4%	82.4%	82.4%	82.4%	82.4%	82.4%	82.4%	82.4%	82.4%
	60-69歳	90.6%	91.3%	84.6%	100.0%	94.0%	93.6%	90.7%	91.0%	98.0%	85.7%	85.7%	85.7%	85.7%	85.7%	85.7%	85.7%	85.7%	85.7%
	70-79歳	91.1%	90.0%	88.1%	94.4%	89.2%	92.5%	91.7%	91.8%	87.5%	94.2%	94.2%	94.2%	94.2%	94.2%	94.2%	94.2%	94.2%	94.2%
	80歳-	90.9%	93.8%	92.3%	90.9%	93.1%	96.3%	89.3%	91.6%	82.8%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%	80.0%
	小計	92.1%	95.3%	92.7%	89.1%	94.1%	87.9%	90.0%	10.0%	96.8%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%
女性	20-29歳	77.9%	80.0%	75.0%	79.1%	73.5%	77.0%	72.1%	81.5%	87.1%	83.3%	83.3%	83.3%	83.3%	83.3%	83.3%	83.3%	83.3%	83.3%
	30-39歳	74.5%	76.9%	74.3%	80.8%	70.1%	68.7%	79.1%	81.0%	77.0%	73.1%	73.1%	73.1%	73.1%	73.1%	73.1%	73.1%	73.1%	73.1%
	40-49歳	78.0%	80.0%	85.3%	82.5%	79.5%	76.2%	75.9%	81.7%	75.3%	79.8%	79.8%	79.8%	79.8%	79.8%	79.8%	79.8%	79.8%	79.8%
	50-59歳	79.7%	77.8%	78.8%	79.5%	74.1%	85.2%	84.7%	91.2%	82.5%	74.2%	78.3%	80.6%	76.7%	75.4%	82.5%	76.3%	80.9%	74.5%
	60-69歳	85.2%	83.3%	88.5%	92.5%	90.0%	83.1%	83.6%	91.5%	93.0%	86.4%	83.1%	83.1%	82.7%	85.7%	80.6%	79.0%	72.7%	88.3%
	70-79歳	86.1%	78.0%	85.7%	91.4%	89.5%	77.8%	77.3%	81.1%	91.5%	88.2%	87.8%	91.7%	77.8%	85.7%	88.9%	90.2%	86.1%	88.4%
	80歳-	86.1%	78.0%	85.7%	91.4%	89.5%	77.8%	77.3%	81.1%	91.5%	88.2%	87.8%	91.7%	77.8%	85.7%	88.9%	90.2%	86.1%	88.4%
	小計	82.1%	85.3%	82.7%	89.1%	94.1%	87.9%	90.0%	10.0%	96.8%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%	93.1%

無回答があった場合の割合は表に示していないため、表示されている選択肢の内訳を合計しても100%にならないことがあります。

B. アンケート有効回答者数 [性・年代別] (集計の母数)

	区全体	大森西	入新井	馬込	池上	新井宿	嶺町	田園調布	鶴の木	久が原	雪谷	千束	六郷	矢口	蒲田西	蒲田東	大森東	糞谷	羽田
男性	20-29歳	422	28	24	32	21	19	13	20	20	26	24	23	30	21	26	25	15	31
	30-39歳	599	42	31	43	34	40	31	33	31	26	19	36	37	33	40	33	36	35
	40-49歳	797	38	63	43	46	55	56	3	52	49	44	37	40	45	34	40	33	37
	50-59歳	904	43	48	50	48	41	54	48	56	56	56	56	56	56	56	56	56	56
	60-69歳	902	46	52	42	50	47	54	71	71	71	71	71	71	71	71	71	71	71
	70-79歳	1069	60	59	54	65	53	84	58	58	58	58	58	58	58	58	58	58	58
	80歳-	506	16	26	22	29	27	28	32	32	32	32	32	32	32	32	32	32	32
	小計	5199	273	303	286	293	282	325	299	301	301	301	301	301	301	301	301	301	301
女性	20-29歳	685	43	41	46	34	33	30	23	31	31	31	31	31	31	31	31	31	31
	30-39歳	911	55	68	67	49	61	61	40	62	62	62	62	62	62	62	62	62	62
	40-49歳	1128	52	70	73	67	67	67	60	61	61	61	61	61	61	61	61	61	61
	50-59歳	1277	65	75	63	88	63	79	78	81	81	81	81	81	81	81	81	81	81
	60-69歳	1014	54	80	39	54	54	59	57	57	57	57	57	57	57	57	57	57	57
	70-79歳	1209	84	61	53	70	59	73	67	57	88	65	71	75	77	67	62	55	60
	80歳-	696	41	35	35	38	36	44	37	47	34	41	36	45	35	45	41	36	43
	小計	6920	394	430	376	400	373	413	362	396	433	418	388	373	392	382	365	320	351
合計	12119	667	733	662	693	655	738	661	697	762	690	691	669	700	662	636	566	636	

次ページの「有効回答者数」が原則として各質問の集計の母数となります。(分岐質問など、母数が異なる場合はその都度明記しています)。

【数値の解釈についての留意事項】

- ①指標によって数値の高／低のどちらが望ましいかは異なります。
- ②有効回答者の人数が少ない場合は、数人の差によって集計値が大きな差となる場合もあります。
- ③無回答の割合は示していないため、表示されている選択肢の内訳を合計しても100%にならないことがあります。